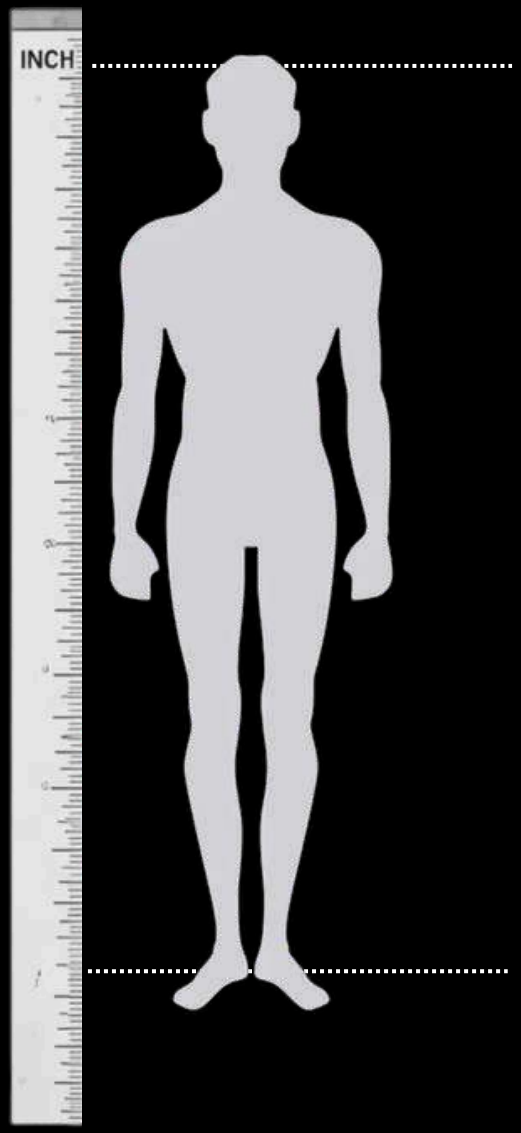
HELLY HANSEN

STØRRELSESGUIDE





SLIK MÅLER DU

Bruk et målebånd og hold det vannrett der det er relevant

01 **Bryst**: Mål rundt den bredeste delen av brystet

02 **Midje**: Mål rundt den smaleste delen av midjen, med målebåndet vannrett

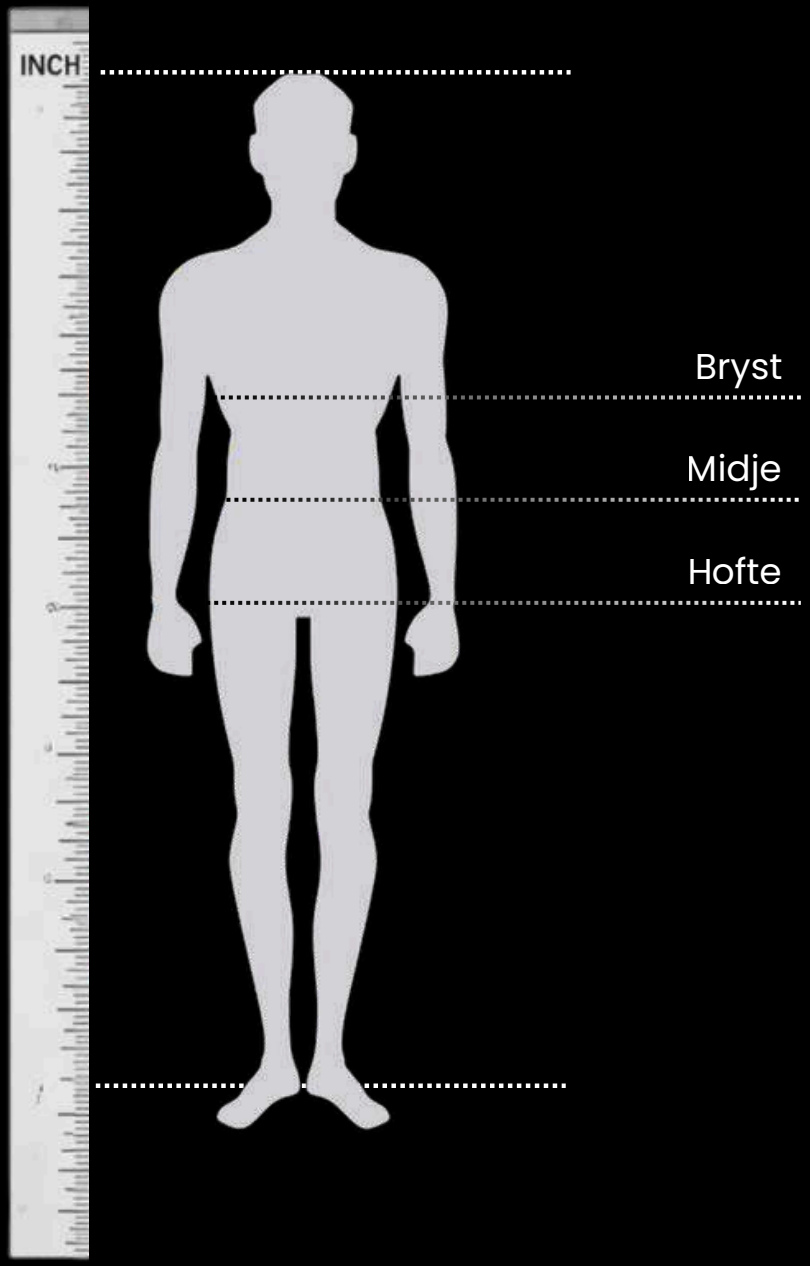
03 **Hofter**: SMål rundt den bredeste delen av hoftene

04 **Ermlengde fra rygg:** Mål fra midt bak i nakken til skulderpunktet, og deretter fra skulderpunktet til håndleddet med armen avslappet

05 **Innerben:** Mål fra toppen av innsiden av låret til bunnen av ankelen mens du står med rette ben

06 **Kroppslengde:** Mål full kroppshøyde

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HERREKLÆR
STANDARD XS–5XL

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STØRRELSE	BRYST (CM)	MIDJE (CM)	HOFTE (CM)	INNERBEN (CM)	KROPPSLENGDE (CM)
XS	88	76	88	79	170
S	92	80	92	80	174
M	100	88	100	82	180
L	108	96	108	84	184
XL	116	104	116	86	188
XXL	124	112	124	87	192
3XL	132	120	132	88	194
4XL	140	128	140	88	194
5XL	148	136	148	88	194

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Herre C-størrelser

STØRRELSE	BRYST (CM)	MIDJE (CM)	HOFTE (CM)	INNERBEN (CM)	KROPPSLENGDE (CM)
C44	88	76	88	79	170
C46	92	80	92	80	174
C48	96	84	96	81	180
C50	100	88	100	82	180
C52	104	92	104	83	184
C54	108	96	108	84	184
C56	112	100	112	85	188
C58	116	104	116	86	188
C60	120	108	120	87	192
C62	124	112	124	87	192
C64	128	116	128	88	194

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Herre C-størrelser

STØRRELSE	BRYST (CM)	MIDJE (CM)	HOFTE (CM)	INNERBEN (CM)	KROPPSLENGDE (CM)
C66	132	120	132	88	194
C68	136	124	136	88	194
C70	140	128	140	88	194
C72	144	132	144	88	194
C74	148	136	148	88	194

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Herre D-størrelser

STØRRELSE	BRYST (CM)	MIDJE (CM)	HOFTE (CM)	INNERBEN (CM)	KROPPSLENGDE (CM)
D84	n/a	82	92	73*	156
D88	n/a	86	96	74*	160
D92	n/a	90	100	75*	164
D96	n/a	94	98	76*	170
D100	n/a	98	102	77*	170
D104	n/a	102	106	78*	174
D108	n/a	106	110	79*	174
D112	n/a	110	114	80*	178
D116	n/a	114	118	81*	178
D120	n/a	118	122	82*	182
D124	n/a	122	126	83*	182
D128	n/a	126	130	84*	184

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Dameklær

Standard XS–2XL

STØRRELSE	BRYST (CM)	MIDJE (CM)	HOFTE (CM)	INNERBEN (CM)	KROPPSLENGDE (CM)
XS	80	65	88	74	156
S	84	68	92	76	160
M	92	76	100	80	168
L	100	84	108	82	172
XL	108	93	116	83	174
XXL	116	103	124	84	176

zeproc

Dame C-størrelser

STØRRELSE	BRYST (CM)	MIDJE (CM)	HOFTE (CM)	INNERBEN (CM)	KROPPSLENGDE (CM)
C34	80	65	88	74	156
C36	84	68	92	76	160
C38	88	72	96	78	164
C40	92	76	100	80	168
C42	96	80	104	81	170
C44	100	84	108	82	172
C46	104	88	112	83	174
C48	108	93	116	83	174
C50	112	98	120	84	176
C52	116	103	124	84	176

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Herresko

US	EU	UK	JAPAN (MM)
4.5	36	3.5	220
5	37	4.5	230
6	38	5	235
6.5	39	6	245
7	40	6.5	250
8	41	7.5	255
8.5	42	8	260
9.5	43	9	265
10	44	9.5	270
11	45	10.5	275
11.5	46	11	280
12	47	12	285
13	48	12.5	290

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KILDE

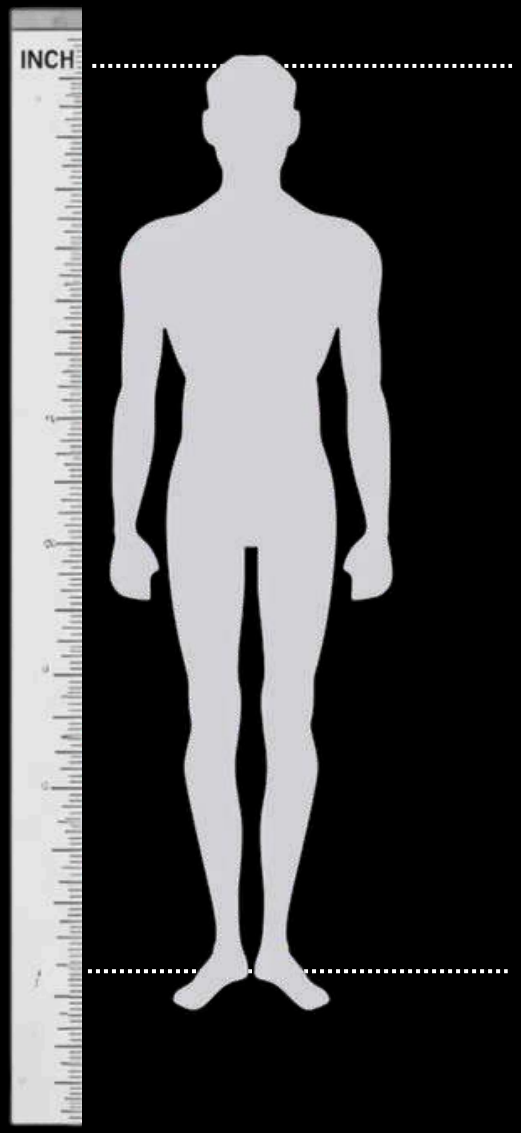
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HELLY HANSEN

SIZE GUIDE





HOW TO MEASURE

Use a measuring tape and keep it horizontal where applicable

01 **Chest:** Measure around the fullest part of the chest, across the chest points

02 **Waist:** Measure around the narrowest part of the waist, keeping the tape horizontal

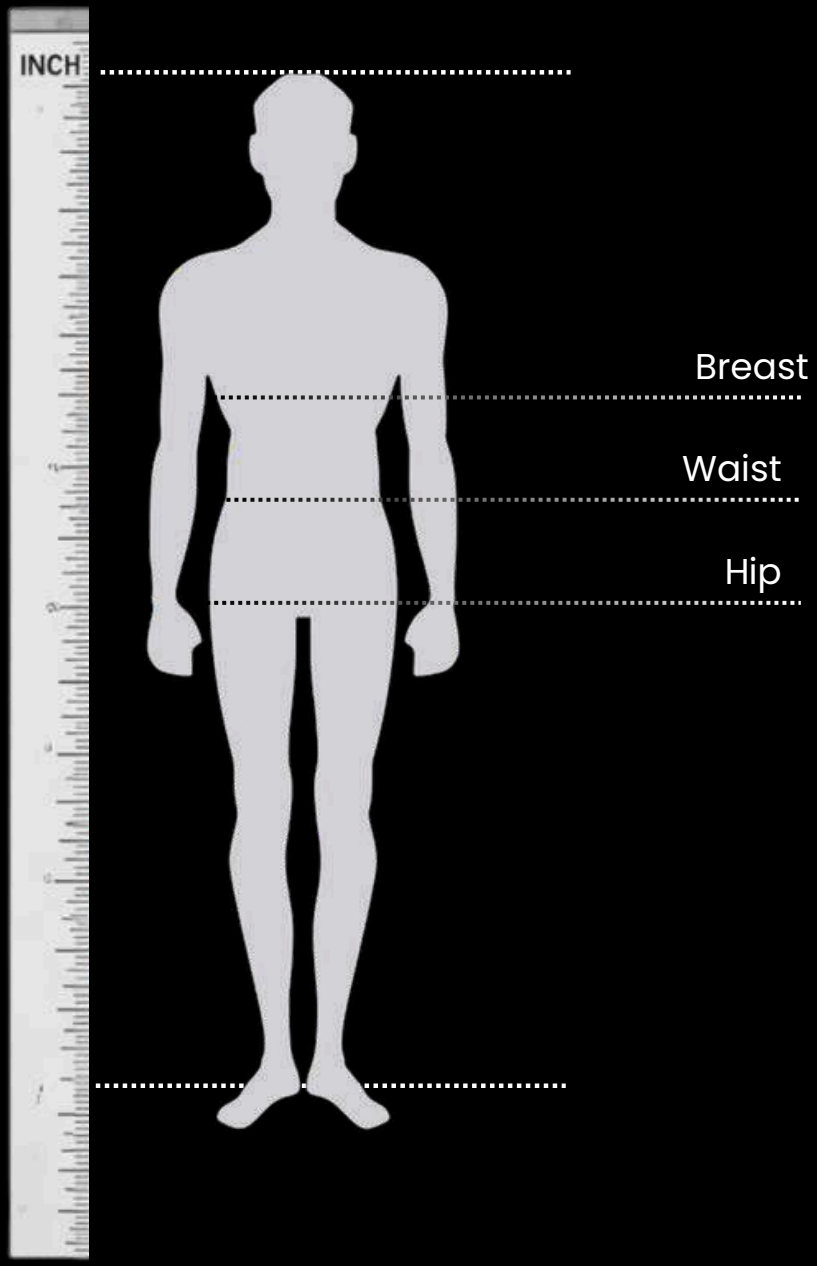
03 **Hip:** Measure around the fullest part of the hips

04 **Center back sleeve:** Measure from the centre back of the neck to the shoulder point, then from the shoulder point to the wrist, with the arm relaxed

05 **Inseam:** Measure from the top of the inside thigh to the bottom of the ankle while standing with straight legs

06 **Body length:** Measure your full body height

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MEN'S CLOTHING
STANDARD XS–5XL

zeproc

SIZE	BREAST (CM)	WAIST (CM)	HIP (CM)	INSEAM (CM)	BODY LENGTH (CM)
XS	88	76	88	79	170
S	92	80	92	80	174
M	100	88	100	82	180
L	108	96	108	84	184
XL	116	104	116	86	188
XXL	124	112	124	87	192
3XL	132	120	132	88	194
4XL	140	128	140	88	194
5XL	148	136	148	88	194

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Men's C-sizes

SIZE	CHEST (CM)	WAIST (CM)	HIP (CM)	INSEAM (CM)	BODY LENGTH (CM)
C44	88	76	88	79	170
C46	92	80	92	80	174
C48	96	84	96	81	180
C50	100	88	100	82	180
C52	104	92	104	83	184
C54	108	96	108	84	184
C56	112	100	112	85	188
C58	116	104	116	86	188
C60	120	108	120	87	192
C62	124	112	124	87	192
C64	128	116	128	88	194

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Men's C-sizes

SIZE	CHEST (CM)	WAIST (CM)	HIP (CM)	INSEAM (CM)	BODY LENGTH (CM)
C66	132	120	132	88	194
C68	136	124	136	88	194
C70	140	128	140	88	194
C72	144	132	144	88	194
C74	148	136	148	88	194

Men's D sizes

SIZE	CHEST (CM)	WAIST (CM)	HIP (CM)	INSEAM (CM)	BODY LENGTH (CM)
D84	n/a	82	92	73*	156
D88	n/a	86	96	74*	160
D92	n/a	90	100	75*	164
D96	n/a	94	98	76*	170
D100	n/a	98	102	77*	170
D104	n/a	102	106	78*	174
D108	n/a	106	110	79*	174
D112	n/a	110	114	80*	178
D116	n/a	114	118	81*	178
D120	n/a	118	122	82*	182
D124	n/a	122	126	83*	182
D128	n/a	126	130	84*	184

Women's clothing

Standard XS–2XL

SIZE	CHEST (CM)	WAIST (CM)	HIP (CM)	INSEAM (CM)	BODY LENGTH (CM)
XS	80	65	88	74	156
S	84	68	92	76	160
M	92	76	100	80	168
L	100	84	108	82	172
XL	108	93	116	83	174
XXL	116	103	124	84	176

Women's C-sizes

SIZE	CHEST (CM)	WAIST (CM)	HIP (CM)	INSEAM (CM)	BODY LENGTH (CM)
C34	80	65	88	74	156
C36	84	68	92	76	160
C38	88	72	96	78	164
C40	92	76	100	80	168
C42	96	80	104	81	170
C44	100	84	108	82	172
C46	104	88	112	83	174
C48	108	93	116	83	174
C50	112	98	120	84	176
C52	116	103	124	84	176

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Men's shoes

US	EU	UK	JAPAN (MM)
4.5	36	3.5	220
5	37	4.5	230
6	38	5	235
6.5	39	6	245
7	40	6.5	250
8	41	7.5	255
8.5	42	8	260
9.5	43	9	265
10	44	9.5	270
11	45	10.5	275
11.5	46	11	280
12	47	12	285
13	48	12.5	290

SOURCE

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